



# St. Peter's College

Affiliated with the University of Saskatchewan

*Your Key to Success!*

## HELPLINES

*If you are in crisis now please call any of the crisis line numbers listed below or dial 911.*

### **Saskatoon Crisis Intervention Service Inc. (Suicide)**

24 hours: 306-933-6200

### **Real Choices Crisis Pregnancy Center**

call: 306-665-7550 (after hours crisis line also available)

text: 306-261-2760

### **Provincial Health Line (for immediate health advice by registered nurses)**

24 hours: 1-877-800-0002 (toll-free)

### **Crystal Meth Hotline/Healthline**

1-877-800-0002 (toll-free)

### **Smoker's Helpline**

1-877-513-5333 (toll-free)

### **Alcoholics Anonymous**

306-682-3761 or 306-682-5401

## MENTAL HEALTH

### **Connections Counseling & Consulting Services**

306-682-6760

### **Humboldt Mental Health & Addictions Services**

306-682-5333

## PHYSICAL HEALTH

### **Humboldt District Health Complex**

306-682-2603

### **Humboldt Medical Clinic**

306-682-2618

## FAMILY SERVICES

### **Partners Building Hope**

306-682-4135

## PHARMACIES

### **Extra Foods Pharmacy**

306-682-8335

### **Shopper's Drugmart**

306-682-8335

### **Pharmasave**

306-682-2616